

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

Click on the headings below to link directly to the correct page

[BP sprints male](#)

[BP sprints female](#)

[BP middle distance male](#)

[BP middle distance female](#)

[BP vertical jumps](#)

[BP horizontal jumps](#)

[BP hurdles male U15+](#)

[BP hurdles female U15+](#)

[BP hurdles U13 Boys](#)

[BP hurdles U13 Girls](#)

[BP throws U20/Senior](#)

[BP throws U13-U17's](#)

[BP Multievents male](#)

[BP multievents female](#)

Best performance Sprints - Male

2021	Paul Lambrecht
2020	No awards due to Covid
2019	Charlie Heal
2018	Adam Cross
2017	Adam Cross
2016	Adam Cross
2015	Adam Cross
2014	Rhys Pritchard-Jones
2013	Ben Snaith
2012	Ben Snaith
2011	Joseph Ebanks
2010	Ben Snaith
2009	Joseph Ebanks
2008	Chris Morter
2007	Luke Crabb & Chris Morter
2006	Luke Crabb
2005	Jacob Mandley
2004	Rashaad Noray
2003	Peter Steiner

C&C Shield

300m U15 Boys
100m U15 Boys
100m U20 Men
100m U17 Men
100m U17 Men
200m U15 Boys
100m U13 Boys
400m U20 men
400m U17 Men
200m U15 Boys
200m U15 Boys
100m U13 Boys
100m U20 Men
100m U17 Men
200m U17 Men
200m U13 Boys
200m U15 Boys
100m Sen Men

[Back](#)

Best performance Sprints -Female

2021	Lila-Belle Nacca
2020	No awards due to Covid
2019	Sophia Deville Jones
2018	Maisey Snaith
2017	Maisey Snaith
2016	Maisey Snaith
2015	Emily Howland
2014	Jessica Fox
2013	Maisey Snaith
2012	Catriona Marriott
2011	Paris Hendricks

C&C Shield

200m U13 girls
100m U13 Girls
400m U20 Women
100m U17 Women
200m U17 Women
100m U13 Girls
100m Sen Women
100m U13 Girls
300m U17 Women
200m U13 Girls

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

2010	Charlotte Cox (Special Olympics Gold medallist)	100m/200m U20
2009	Ella Houghton	100m U13 Girls
2008	Ella Morris	100m U17 Women
2007	Juliet Powell	100m U13 Girls
2006	Kim Motley	100m U20 Women
2005	Hannah Worsfold	100m U13 Girls
2004	Dominique Smith	200m U17 Women
2003	Dominique Smith	200m U15 Girls

[Back](#)

Best performance Middle Distance - Male

C&C Shield

2021	Thomas Keen	Mile Senior	Sub 4 minute mile & club record
2020	No awards due to Covid		
2019	Thomas Keen	Mile U20	1 st Manchester International
2018	Thomas Keen	3000m U20	European U18 champion
2017	Thomas Keen	3000m U17	English Schools champion
2016	David Dow	1500m U15	AAA Gd 1
2015	Rob Huckle	1500m U17	England U17 bronze medallist
2014	Kieran Wood	3000m U20	England U20 champion
2013	Tim Cobden	800m U17	England U17 Silver medallist
2012	Kieran Wood	1500m U17	
2011	Edward Aston	800m Senior	GB representative
2010	Edward Aston	800m Senior	GB representative
2009	Edward Aston	800m Senior	Club record
2008	Edward Aston	800m Senior	Club record
2007	Edward Aston	800m U20	
2006	Edward Aston	800m U20	ESAA Silver medallist
2005	Edward Aston	800m U20	ESAA Silver medallist
2004	Edward Aston	800m U17	ESAA 4th
2003	Edward Aston	800m U17	Eastern Championships silver medal

[Back](#)

Best performance Middle Distance - Female

C&C Shield

2021	Holly Archer	1500m Senior Wom	European Indoor silver medal
2020	No awards due to Covid		
2019	Holly Archer	1500m Senior Wom	British Championships 4th
2018	Julia Paternain	3000m U20 women	English Schools champion
2017	Julia Paternain	3000m U20 women	English Schools champion
2016	Charlie Christensen	3000m Sen Women	Club Record
2015	Helena Dyce	1500m U15 Girls	England championships 9th
2014	Diana Chalmers	1500m S/C U17 W	SEAA championships 6th

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

2013	Claire Wilson	3000m U17 W	SEAA Champion
2012	Hollie Parker	1500m U17 W	England U17 Bronze medallist
2011	Hollie Parker	1500m U17 W	ESAA bronze medallist
2010	Charlotte Murphy	1500m U13 Girls	Club record
2009	Lucy Dowsett	800m U20 W	Club record
2008	Lucy Dowsett	800m U20 W	England championships 4th
2007	Lucy Dowsett	800m U20 W	England championships 6th
2006	Lucy Dowsett	1500m U17 W	England championships 5th
2005	Lucy Dowsett	800m U17 W	ESAA silver medallist
2004	Lucy Dowsett	800m U15 Girls	England U15 Silver medallist
2003	Lucy Dowsett	800m U15 Girls	SEAA intercounties 3rd

[Back](#)

Best performance Vertical jumps

2021	Stephen Vandermark
2020	No awards due to Covid
2019	Charlie Knott
2018	Charlie Knott
2017	Charlie Knott
2016	Curtis Wood
2015	Curtis Wood
2014	Adelaide Omitowoju
2013	Simon Kumar
2012	Kit Phillips

RHA Trophy

Veteran M55	1.53 m
Under 17 Men	2.00m
Under 17 Men	1.99m
Under 15 Boys	1.80m
Under 20 men	1.95m
Under 20 men	1.98m
Under 15 Girls	1.55m
Under 17 men	1.85m
Under 15 Boys	1.73m

Prior to 2012 there were Senior and Junior trophies

2011	Sam Richards - Senior Men 1.85m	Katie Reynolds - U15 Girls 1.50m
2010	Ben Kelk - U20 men 1.93m	Katie Reynolds - U13 Girls 1.48m
2009	Ben Kelk - U17 men 1.90m	Katie Reynolds - U13 Girls 1.35m
2008	Ben Kelk - U17 men 1.85m	Guy Kendall - U13 Boys 1.35m
2007	Michaela Smith - U17 Women 1.55m	Beth Dixon - U15 Girls 1.50m
2006	Sion Whittaker - U17 men 1.65m	Isaac Jones - U15 Boys 1.65m
2005	Thomas Adams - U17 men 1.80m	Isabella Gallucci - U13 Girls 1.45m
2004	Thomas Adams - U17 men 1.75m	Zoe Kier - U13 Girls 1.44m
2003	No award	Michael Vickery
2002	No award	Rachel Johnson
2001	No award	Michael Vickery
2000	Clare Robinson	Lewis Andrew
1999	No award	Brooke Wilson
1998	No award	Andrew Dickson

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

1997	Tom Costello	Andrew Dickson
1996	Tom Costello	Alex Payne
1995	Tom Costello	Hannah Gifford
1994	Tom Costello	Colin Hazel
1993	Tom Costello	Louisa Saunders
1992	Alastair Harsant	Louisa saunders

[Back](#)

Best performance Long and Triplejump

2021	Polina Frakina	Triplejump U15G
2020	No awards due to Covid	
2019	Deshawn Lascelles	Triplejump U17M
2018	Adelaide Omitowoju	Triplejump U20W
2017	Adelaide Omitowoju	Triplejump U20W
2016	Adelaide Omitowoju	Triplejump U17 W
2015	Adelaide Omitowoju	Triplejump U17 W
2014	Sam Richards	Longjump Sen men
2013	Jessica Kennard	Triplejump U15 Girls
2012	Joseph Warwick	Triplejump U15 Boys
2011	Jessica Fox	Longump U17 W
2010	Sam Richards	Longjump Sen men
2009	Jessica Fox	Longjump U15 Girls
2008	David October	Longjump U15 Boys
2007	Lauren Sammout	Longjump U15 Girls
2006	Michaela Smith	Longjump U15 Girls
2005	Lauren Sammout	Longjump U13 Girls
2004	Rashaad Noray	Longjump
2003	Kim Motley	Longjump
2002	Colin Hazel	Triplejump
2001	Sam Clarke	Longjump
2000	James Gilbert	Longjump
1999	Hayley-jayne Cone	Longjump
1998	Hayley-jayne Cone	Longjump
1997	James Nowak	Longjump
1996	Colin Hazel	Triple jump
1995	Hayley-jayne Cone	Longjump
1994	Lisa Kruger	Longjump
1993	Donald Campbell	Longjump
1992	James Brennand	Triplejump

[Back](#)

Derek Hulyer Cup

9.81m
SEAA Indoor champion
English Schools Silver medallist
English Schools Champion
England indoor Gold medallist
England Indoor Bronze medallist
7.09m
UK rank 3rd
SEAA Gold medallist
SEAA Intercounties U20 winner
6.84m
5.01m
5.95m Cambs AA Champion
5.16m

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

Best performance Hurdles - Male U15 - Seniors

2021 Samuel Clarke
 2020 No awards due to Covid
 2019 Samuel Clarke
 2018 Samuel Clarke
 2017 Samuel Clarke
 2016 Ed Brophy
 2015 Ed Brophy
 2014 Ben Kelk
 2013 Ben Kelk
 2012 Ben Kelk

Prior to 2012 was awarded to U15 - U17's only

2011 Ben Gilbert
 2010 Dennis Penny-Toure
 2009 Ben Kelk
 2008 Ben Kelk
 2007 Ben Kelk
 2006 Jack Lines
 2005 Jonathan Baxter
 2004 James Markley
 2003 James Markley
 2002 James Markley
 2001 James Markley
 2000 Adam Atay
 1999 Chris Mycroft
 1998 Chris Mycroft
 1997 Chris Mycroft

[Back](#)

The George Hibberd Trophy

Sen Mens 400H Club record
 U20 Mens 400H Club record
 U20 Mens 400H County Champion
 U20 Mens 400H County Champion
 U15 Boys 80mH AAA Grade 1
 U15 Boys 80mH SEAA championships 6th
 U23 men 110mH England silver medallist
 U23 men 110mH 7th in British Championships
 U23 men 110mH English U23 champion
 U15 Boys 80mH EYAL plate final
 U15 Boys 80m H EYAL plate final winner
 U17 men 400mH ESAA bronze medallist
 U17 men 100mH SEAA bronze medallist
 U15 Boys 80mH England silver medallist

Best performance Hurdles – Female U15 - Seniors

2021 Leah Wagstaff
 2020 No awards due to Covid
 2019 Isla Kotzenberg
 2018 Finlay Marriott
 2017 Finlay Marriott
 2016 Finlay Marriott
 2015 Finlay Marriott
 2014 Finlay Marriott
 2013 Finlay Marriott
 2012 Finlay Marriott

Awarded to U15 - U17's only

2011 Ella Cave
 2010 Ella Cave

The George Hibberd Trophy

U15 Girls 75mH UK rank 9th
 U15 Girls 75mH Seasons best
 U20 Women 100mH SEAA U20 bronze medallist
 U20 Women 100mH Scottish International vest
 U20 Women 100mH Scottish International vest
 U17 Women 80mH Scottish International vest
 U17 Women 60mH(i) Eastern AA silver medallist
 U15 Girls 75mH SEAA Championships 4th
 U15 Girls 75mH SEAA Championships 6th

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

2009 Ella Cave
2008 Csepi Asztalos
2007 Csepi Asztalos
2006 Laura Bass
2005 Kim Motley
2004 Kim Motley
2003 Kim Motley
2002 Clare Rogers
2001 Clare Rogers
2000 Claire Robinson
1999 Claire Robinson

[Back](#)

Best performance Hurdles - Under 13 Boys

The East Cambs Trophy

2021 Jonathan Tan
2020 No awards due to Covid
2019 Matthew Smith
2018 Martin Courtois
2017 Nico Harter
2016 Terry Hacker
2015 OJ Parmenter
2014 Thomas Bridger
2013 No award
2012 Samuel Clarke
2011 Robert Huckle
2010 Joseph Warwick
2009 Joe Carden
2008 Harry Cotton
2007 Adam Tapley
2006 Sebastian Howarth
2005 Ben Kelk
2004 Thomas Higton
2003 Andrew Hall
2002 Jordan Kennard
2001 Tom Adams
2000 James Markley
1999 Luke French
1998 Leo Kitchen
1997 James Cross
1996 Guy Robinson

[Back](#)

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

Best performance Hurdles - Under 13 Girls

2021	Isla McCulloch
2020	No awards due to Covid
2019	Leah Wagstaff
2018	Polina Frakina
2017	Polina Frakina
2016	No Award
2015	Ruby James
2014	Ruby James
2013	Cassie Thompson
2012	Adelaide Omitowoju
2011	Finlay Marriott
2010	Katie Reynolds
2009	Lucy Webb
2008	Katrina Bass
2007	Ella Cave
2006	Csepi Asztalos
2005	Csepi Asztalos and Catriona Davidson
2004	Rosannah Cormack and Laura Bass
2003	Lauren West
2002	Lauren Rogers
2001	Lauren Rogers
2000	Clare Rogers
1999	Clare Rogers
1998	Ruth Godden
1997	Leah Thompson
1996	Claire Robinson

[Back](#)

Best performance - Throws (U20/senior equipment)

2021	Kristiaan Winkel
2020	No awards due to Covid
2019	Michael Hausler
2018	Michael Hausler
2017	Anne Moindrot
2016	Aedan Slack
2015	Albert Pavelin
2014	Jenny Richards
2013	Oliver Holway
2012	Oliver Holway

Prior to 2012 separate trophies were awarded to male and female

The C&C Trophy

AAA Gd 1 11.88
1st National Prep schools
2nd National Prep schools

The Bramford Cup

5th in U20 men's discus England Champs
4th in European Masters M60 Shot
8th in World masters M55 shot
Sen Women discus 31.84m
U20Mens 6k shot SEAA Indoor Gold medal
U20Men Javelin SEAA Silver medallist
Sen Women Hammer Senior club record
U20 men shot 6kg Cambs AA Gold medal
U20 men shot 6kg SEAA U20 intercounties 3rd

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

2011	Morgan Young - U20M Javelin	Hayley Sayer - hammer
2010	Philip Bramford - M60 Javelin	Hayley Sayer - hammer
2009	Martin Lawrence - U17M with senior shot	Hayley Sayer - hammer
2008	Andrew Lee - Senior Hammer	Alice Forster - shot
2007	Gary Parsons - Senior Discus	Alice Forster - shot
2006	Gary Parsons - Senior Shot	Alice Forster - shot
2005	Gary Parsons - Senior hammer	Alice Forster - shot
2004	Sean Fisher - partially sighted shot/discus	Gabriella Kyriacou - Javelin
2003	Gary Parsons - Discus	Romana Martin - Discus
2002	Gary Parsons - Discus	Charlotte Spelzini - Shot
2001	Dave Vickery - Hammer	Charlotte Spelzini - Shot
2000	Oliver Hoad - Senior Hammer	Charlotte Spelzini - Shot
1999	Dave Vickery - Hammer	Sarah McGrath - Shot
1998	Gary Parsons - Discus	Charlotte Spelzini - Shot
1997	Gary Parsons - Discus	
1996	John Biggs - Hammer	
1995	Gary Parsons - Discus	
1994	Nick Morley - Discus	
1993	Nigel Spivey - Senior Hammer	
1992	Gary Parsons - Discus	

[Back](#)

Best performance - Junior Throws (U13/U15/U17 equipment)

2021	Frederic Kastner
2020	No awards due to Covid
2019	Billy White
2018	Hugh Aubrey
2017	Stephanie Browne
2016	Ben Shackleton
2015	Emma Wallis
2014	Aedan Slack
2013	Albert Pavelin
2012	Morgan Young
2011	Isabella Coutts
2010	Morgan Young
2009	Jonathan Bailey
2008	Jake Cronin
2007	Lauren Sammout
2006	Hayley Sayer
2005	Lauren Sammout
2004	Alice Forster
2003	Sean Fisher - partially sighted

The George Smith Cup

U15 Boys javelin
U15 Boys Shot Gd 1, club Record
U13 Boys Javelin
U15 Girls Hammer 2 nd Eng Schools
U15 Boys Shot/discus grade 1
U15 Girls Javelin
U17 mens Shot - SEAA silver
U17 mens Javelin - SEAA silver
U17 mens Javelin - 4th Eng Schools
U17 womens Javelin
U15 boys Javelin
U15 boys Javelin
Javelin - 4th Nat schools
U15 Girls Shot - AAA champion
Hammer
Shot
Shot
shot/discus

C&C Roll of Honour: Track and Field Event Specific Best Performance Trophies

2002	Luke Shortman	Hammer
2001	Luke Shortman	Hammer
2000	Luke Shortman	Hammer
1999	Victoria Royce	Javelin
1998	Nick Grundy	Discus
1997	Andrew Humphries	
1996	Oliver Hoad	Hammer
1995	Adam Miller	
1994	Oliver Hoad	Hammer
1993	Nick Morley	Discus
1992	Jonathan Biggs	Shot/Hammer

[Back](#)

Best Performance Multi-events - Male

2021	No award
2020	No award due to Covid
2019	Samuel Clarke
2018	No award
2017	Istvan Jacso
2016	Samuel Clarke
2015	Samuel Clarke
2014	William Blackwell
2013	James Ritcher
2012	William Blackwell

The Gillingham Cup

U20 mens pentathlon	ECAA Silver, club record
M35 Mens Decathlon	BMAF 3994 pts
U17 mens pentathlon	ECAA Bronze medallist
U17 mens pentathlon	ECAA bronze medallist
U20 mens pentathlon	ECAA Gold medallist, club record
U13 Boys Minithon	77pts, club record
U17 Mens pentathlon	Club record

[Back](#)

Best performance Multi-events - Female

2021	No award
2020	No award due to Covid
2019	Leah Wagstaff
2018	Isla Kotzenberg
2017	Maya Vandermark
2016	Alice Lord
2015	No award
2014	Katie Reynolds
2013	Jessica Fox
2012	Katie Reynolds

The Bill Oliver Cup

<u>U13 Girls Pentathlon</u>	ECAA bronze, Club Record
U13 Girls Quadrathlon	1200 points
U13 Girls Pentathlon	Cambs AA Bronze medallist
U13 Girls minithon	Cambs AA Bronze medallist
	-
U17 Womens heptathlon	England Champs 16th - club rec.
U20 Womens pentathlon	1st ECAA, Cambs AA record
U15 Girls pentathlon	Club record

[Back](#)