

## C&C Track & Field age group best performances - Males

### Under 20 men

100m	10.66	2013	Benjamin Snaith
200m	21.07	2013	Benjamin Snaith
400m	47.14	2013	Benjamin Snaith
800m	1:48.93	2007	Edward Aston
1500m	3:41.44	2020	Thomas Keen
3000m	8:10.2	2021	Alex Melloy
5000m	14:37.51	2014	Kieran Wood
1 Mile	4:11.5	2019	Thomas Keen
Sprint Hurdles 3'3"	13.72	2011	Ben Kelk
400m Hurdles	54.2	2019	Samuel Clarke
2000m Steeplechase	5:54.0	1969	Graham Tuck
Highjump	2.00	1974	Martin Shorten
Longjump	6.80	1978	Nigel Coyle
Triplejump	15.52	1978	Dennis Greene
Polevault	3.30	1982	Mark Jennings
Shot 6kg	14.40	2013	Oliver Holway
Disc 1.75kg	46.83	2021	Kristiaan Winkel
Discus 2kg	42.55	2021`	Kristiaan Winkel
Javelin (post 1986)	57.32	1989	David Bradley
(pre 1986)	69.78	1971	Bogas Kawalko
Ham.6kg	47.82	2000	Oliver Hoad
Pentathlon	2345 pts	2017	Samuel Clarke
Decathlon	5790 pts	1982	Mark Jennings
4*100 Relay	45.1	Post 2007	J Godden, G Baker,L Crabb ,C Morter
4*400 Relay	3:22.5	Post 2007	E Aston, D Potts, D Baker, O Francis

### Under 17 Men

100m	10.64	2012	Benjamin Snaith
200m	21.67	2012	Benjamin Snaith
400m	47.92	2012	Benjamin Snaith
800m	1:53.38	2013	Timothy Cobden
1500m	3:41.4	2020	Alex Melloy
3000m	8:22.60	2020	Alex Melloy

1 Mile	4:17.57	2021	George Keen
100m Sprint Hurdles	12.47	1994	Matthew Clements
400m Hurdles	54.94	2009	Benedict Kelk
1500m Steeplechase	4:40.4	2019	Thomas Bridger
Highjump	2.00	1973	Innes Murray
Longjump	6.50	1993	Matthew Clements
Triplejump	14.85	2019	Deshawn Lascelles
Polevault	3.55	1977	C. Hyde
Shot	15.47	1967	John Blackwell
Discus	54.96	1970	David Croxon
Jav 700gm	62.56	1971	Bogas Kawalko
Hammer	53.93	1998	Oliver Hoad
Pentathlon	2479 pts	2012	William Blackwell
Octathlon	4234 pts	1994	Ben Motherwell
4x100 Relay	44.39 s	2012	B Snaith, J Ebanks, J Mair, D Doggett

### **Under 15 Boys**

100m	11.1	1992	Mathew Clements
200m	22.54	1992	Mathew Clements
300m	37.8	2021	Paul Lambrecht
800m	2:01.7	2021	Ewan Taylor
1500m	4:10.65	2013	Robert Huckle
3000m	9:08.5	1994	Samuel Boden
1 Mile	4:43.6	2021	Ewan Taylor
80m Sprint Hurdles	10.71	1992	Matthew Clements
Highjump	1.85	1973	Innes Murray
Longjump	6.09	1992	Matthew Clements
Triplejump	12.94	2017	Deshawn Lascelles
Polevault	2.85	2005	Ben Abbott-gribben
Shot	13.90	2019	Billy White
Discus	43.66	1998	Nick Grundy
Javelin	55.21	2010	Morgan Young
Hammer	50.01	2002	Luke Shortman
Pentathlon	2563 Pts	2009	David October
4X100 Relay	46.66	2010	J.Ebanks,W.Blackwell,J.Mair,B.Snaith

**Under 13 Boys**

100m	12.4	1977	G. Dant
200m	25.0	1990	Matthew Clements
800m	2:13.3	2018	Luca McGrath
1500m	4:33.8	2018	Isaac Morris
3000m	11:08.5	1990	Ben Motherwell
1 Mile	5:18.6	2013	Thomas Keen
75m Hurdles	12.5	2012	Samuel Clarke
Highjump	1.54	1990	Damian Quinn
Longjump	5.06	1997	James Cross
Shot 3 kg	11.40	1987	Christopher Springett
Discus	30.06	1987	Christopher Springett
Jav 400 gm	35.00	2019	Frederic Kastner
Minithon	77 pts	2012/2013	Samuel Clarke/James Richer
4*100 Relay	54.2	2005	J Langford, J Markley, B Kelk, A Morter

**Under 11 Boys**

80m	11.7	2007	Joseph Ebanks
600m	1:49.4	2016	Luca Mc.Grath
800m	2:38.0	2016	Luca Mc.Grath
1500m	5:14.8	2016	Isaac Morris
Longjump	4.11	2021	Ollie Waters