

## C&C Track & Field age group best performances - Females

### Under 20 women

100m	12.0	2018	Maisey Snaith
200m	24.8	2018	Maisey Snaith
400m	53.91	2018	Maisey Snaith
800m	2:07.26	2009	Lucy Dowsett
1500m	4:27.66	2009/2014	Lucy Dowsett/Hollie Parker
3000m	9:23.1	2018	Julia Paternain
1 Mile	Not set		
100m Sprint Hurdles	14.21	2017	Finlay Marriott
400m Hurdles	65.69	2009	Laura Bass
1500m Steeplechase	5:27.0	2016	Emma Schaertlin-Coffey
2000m Steeplechase	7:58.5	2017	Emma Schaertlin-Coffey
Highjump	1.70	1985	Natalie Overall
Longjump	5.66	1999	Hayley-Jane Cone
Triplejump	12.55	2018	Adelaide Omitowoju
Polevault	2.30	2001	Clare Robinson
Shot	13.99	2001	Charlotte Spelzini
Discus	33.72	1992	Kathleen McGrath
Javelin (pre 1986)	45.00	1992	Rebecca Ellis
(post 1986)	39.14	2016	Isabella Coutts
Hammer	42.30	2011	Haley Sayer
Pentathlon	3051 pts	2014	Jessica Fox
4*100 Relay	50.3	1995	R Watson H Cone L Coe S McGivern
4*400 Relay	4:11.1	?	

### Under 17 women

100m	11.9	2017	Maisey Snaith
200m	24.9	1995	Ruth Watson
300m	39.5	2017	Maisey Snaith
800m	2:08.97	2006	Lucy Dowsett
1500m	4:34.75	2006	Lucy Dowsett
3000m	9:41.91	2021	Ellie Loosley
1 Mile	5:10.7	2013	Hollie Parker
80m Sprint Hurdles	11.46	2015	Finlay Marriott

300m Hurdles	46.23	2008	Laura Bass
1500m Steeplechase	5:22.32	2014	Dianna Chalmers
Highjump	1.64	1977	Deborah Filby, S.Taylor
Longjump	5.39	2011	Jessica Fox
Triplejump	12.30	2017	Adelaide Omitowoju
Polevault	1.90	2014	Katie Reynolds
Shot (pre 2014 4kg) (post 2014 3kg)	11.91 11.57	1989 2014	Sarah McGrath Katie Reynolds
Discus	34.52	2009	Lauren Sammout
Jav 500gm	37.63	2017	Emma Wallis
Hammer	46.52	2019	Stephanie Browne
Pentathlon	2650 pts	2011	Jessica Fox
Heptathlon	3606 pts	2014	Katie Reynolds
4x100 Relay	50.0	1995	R Watson, H Cone, A Costello, L Haylock

### **Under 15 Girls**

100m	12.5	2015	Maisey Snaith
200m	25.14	1994	Ruth Watson
300m	41.84s	2015	Maisey Snaith
800m	2:11.29	2004	Lucy Dowsett
1500m	4:34.98	2011	Hollie Parker
3000m	10:28.51	2011	Hollie Parker
1 Mile	5:11.84	2012	Charlotte Murphy
75m Sprint Hurdles	11.53	1994	Laura Haylock
Highjump	1.57	1976	Deborah Filby
Longjump	5.51	1976	Deborah Filby
Triplejump	10.72	2013	Jessica Kennard
Polevault	1.70	2011	Katie Reynolds
Shot	11.29	2007	Lauren Sammout
Discus	30.30	2007	Lauren Sammout
Javelin	35.62	2016	Emma Wallis
Hammer	42.23	2017	Stephanie Browne
Pentathlon	2632 points	2012	Katie Reynolds
4X100 Relay	51.7	1998	A Payne N O'Reilly L Haylock H Cone

**Under 13 Girls**

100m	13.0	2009	Ella Houghton
200m	26.9	2021	Lila-Belle Nacca
800m	2:25.4	2011	Lucy Parker
1500m	4:58.05	2011	Lucy Parker
3000m	11:46.9	1988	Eleanor Motherwell
1 Mile	5:47.35	2012	Lauren Murphy
70m sprint Hurdles	11.4	2006	Csepi Asztalos
Highjump	1.48	2010	Katie Reynolds
Longjump	4.58	2019	Paulina Frakina
Shot 2.72 kg	8.85	2002	Phillippa Markley
Discus 750g	26.67	2005	Lauren Sammout
Javelin 400 gm	25.98	2011	Valentina Coppolaro
Pentathlon	2061pts	2019	Leah Wagstaff
Minithon	76 pts	2005/2011	Lauren Sammout/Lucy Parker
4*100 Relay	55.2	2011	F Marriott,Hendricks,A Purdie,H Parker

**Under 11 Girls**

80m	11.8	2010	Adelaide Omitowoju
600m	1:56.07	2009	Lucy Parker
Longjump	3.99	2017	Polina Frakina
Shot 2.72kg	4.61	2016	Abbie Browne
Javelin 400g	4.51	2018	Elizabeth McGrath