



Cambridge & Coleridge Coronavirus Risk assessment – 6th July 2020

The England Athletics best practice document has been used to guide this document – see: <https://d192th1lqal2xm.cloudfront.net/2020/06/EA-return-guidance-health-and-safety.pdf>

Additional precautions are necessary at the current time to minimise the risk of passing the Coronavirus between people while engaged in club activities. In addition to the existing precautions and control measures of the existing club’s Risk Assessment: “Risk Assessment by Activity”, this document details the additional measures to be taken.

The government’s latest rules for infection control in our region will override any mitigation actions in this document. The England Athletics best practice should be followed at all times (except where the latest government advice is more stringent)

The following risk assessment covers athletes and coaches at the University of Cambridge Wilberforce Road facility and as relevant at other venues such as Cambridgeshire recreational grounds.

Assumptions

- 1) As it is not possible to definitively say one group of people are in some way less at risk than another, it is assumed that the impact of catching the coronavirus is equally very high for any individual (as they pass it on to someone who is more vulnerable, for example).
- 2) The facility provider, the University of Cambridge, are responsible for the facility while we are responsible for our actions whilst on-site

Risks and Mitigation

| Risk | Affected People | Setting (physical settings & activities) | Mitigation Actions |
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| Lack of awareness around Covid-19 risk factors and key government/England Athletics/local guidance for limiting the spread/transmission of the disease | All, including athletes, coaches, parents, carers and volunteers. | All settings/activities | <ol style="list-style-type: none"> 1. Communication to all club members via email 2. Notices on website and Facebook 3. Key guidance to club officers and club session managers 4. All athletes attending to sign a disclaimer acknowledging they have read and understood the rules of attendance and understand the risks (signed by parents for minors) |
| Spreading/transmission of Covid-19 through contact with disease on a surface | All, including athletes, coaches, parents, carers and volunteers. | Using toilet facilities | <ol style="list-style-type: none"> 1. Follow University guidance on cleaning procedure 2. Washing hands before and after entering building |
| | | First aid and dealing with | <ol style="list-style-type: none"> 1. Designated First Aider to make an assessment on who is best |



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| | | minor injuries | <p>placed to treat injured person in order of preference: the injured person his/herself, member of same household, a first aider</p> <p>2. Any non-household member involved to wear appropriate Personal Protective equipment</p> |
| | | Registration/end of training sessions or change over between groups | <p>1. Only athletes with a booked place to turn up to a session. Booking may be through a coach or the person in charge of the club session</p> |
| | | Resting positions for each athlete | <p>1. Each athlete to choose a place to put their belongings so that they minimise any touching of hard surfaces</p> <p>2. Each athlete shall not sit on shared facilities such as benches</p> |
| | | Throwing | <p>1. Each athlete shall only use one implement per session</p> <p>2. All implements stored at the track to be cleaned the start and end of each session</p> <p>3. Raising/lowering of the cage gate netting should be only done as assistance to the stadium staff, and whilst wearing gloves or use of hand sanitizer.</p> |
| | | Hurdles | <p>1. All hurdles to be cleaned at the start and end of every session</p> <p>2. A designated person to adjust the height and position of each hurdle (e.g. athlete or coach)</p> |
| | | Jumping | <p>1. Long jump pits to be used in accordance with EA cleaning guidance.</p> <p>2. High jump may be used by adults only strictly following the EA cleaning guidance</p> |
| | | Emergency procedures | <p>1. Social distancing to be maintained at all times</p> |



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| | | and evacua- tions | |
| Spreading / transmission of COVID-19 through air borne transmission of the disease by an infected person | All, including ath- letes, coaches, parents, carers and volunteers | Meeting points | <ol style="list-style-type: none"> 1. Each coach to arrange a meeting point where social distancing can be maintained 2. The total number of people at each club night will be limited to ensure adequate social distancing can be maintained |
| | | Changing fa- cilities/ toilets | <ol style="list-style-type: none"> 1. No changing facilities will be provided: all athletes to arrive in their training clothes and leave the site in their training clothes 2. Follow the University guidance for use of the toilet facilities |
| Spreading/trans- mission of Covid- 19 through con- tact with disease on a surface or air borne transmission of the disease by an infected person | All, including ath- letes, coaches, parents, carers and volunteers | General | <ol style="list-style-type: none"> 1. No person who is infected with coronavirus or has been in contact with someone who has should attend a club session 2. Hands should be washed following the government guidance before coming on-site and leaving 3. At all times social distancing should be practiced 4. If anyone is asked to leave the site by a representative of the club, they are to do so as soon as possible 5. The total number of people allowed at each club session will be limited to allow social distancing within groups and between groups 6. The leader of each club session will agree with each coach or group of athletes where on the site they are to be 7. Coaches to be reminded of the protocols regularly by email and in person on site by the club session leader |