

C&C Roll of Honour: Track and Field Overall best performance

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Best Performance Track and Field - Male

2018	Thomas Keen
2017	Thomas Keen
2016	Ed Brophy
2015	Sam Richards
2014	Kieran Wood
2013	Ben Snaith
2012	Louis Rawlings
2011	Morgan Young
2010	Oliver Cantrill
2009	Ben Kelk
2008	William Blackwell
2007	Martin Lawrence
2006	Will George
2005	James Markley
2004	Andrew Starnes
2003	Joe Abbott-Gribben
2002	Thomas Hames
2001	Neil Flynn
2000	James Milton
1999	Bryn Percival
1998	Josh Topes
1997	James Cross
1996	Sam Boden
1995	Bryn Percival
1994	Bryan Moss
1993	Matthew Clements
1992	Matthew Clements

W Mitchell Hall Cup

European 3000m U18 champion
3000m English Schools champion
Hurdles
Longjump
Middle Distance
Sprints
Middle Distance
Javelin
Middle Distance
Hurdles
Javelin and Sprints
Heavy throws
Middle Distance
Hurdles
Sprints
Sprints
Middle Distance
Sprints
Sprints
Sprints
Sprints
Middle Distance
Sprints
Sprints
Hurdles
Hurdles & Sprints
Hurdles & Sprints

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Best Performance Track and Field - Female

2018 Julia Paternain
2017 Julia Paternain
2016 Adelaide Omitowoju
2015 Adelaide Omitowoju
2014 Finlay Marriott
2013 Claire Wilson
2012 Charlotte Cox (Downes syndrome - special Olympics)

The trophy was changed in 2012

2011 Lucy Parker
2010 Charlotte Murphy
2009 Alice Forster
2008 Lucy Dowsett
2007 Gemma Coe
2006 Lucy Dowsett
2005 Lucy Dowsett
2004 Zoe Kier
2003 Phillippa Markley
2002 Dominique Smith
2001 Melanie White
2000 Megan Lewis
1999 Joan lasenby
1998 Charlotte Spelzini
1997 Hayley Ginn
1996 Clare Robinson
1995 Anna Costello
1994 Ruth Watson
1993 Stacey McGivern
1992 Ruth Watson

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The Simpson cup

3000m ESAA Champion
3000m ESAA Champion
Triplejump
Triplejump
Hurdles
Middle distance
Sprints

L Dodds Rosebowl

Middle distance
Middle distance
Heavy throws
Middle distance
Middle distance
Middle distance
Middle distance
Middle Distance
Throws
Sprints
Middle distance

Middle Distance
Shot
Sprints
Hurdles
Middle Distance
Sprints
Triplejump
Middle distance

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Best performance track and field - Veteran male

2018 Sullivan Smith M40
2017 Sullivan Smith M40
2016 Istvan Jacso M35
2015 Istvan Jacso M35
2014 Istvan Jacso M35
2013 Keith Clarke M45
2012 Kevin White M40

The George Smith trophy

4th in World masters S/chase
Steeplechase
Steeplechase
Middle distance
Steeplechase
Sprints
Middle distance

1992 - 2011 awarded for multi-discipline competition (run, jump, throw)

2011 Julian Courtney
2010 No award
2009 Noel Moss
2008 Alec Taylor
2007 Alec Taylor
2006 Noel Moss
2005 Gerald Meah
2004 Noel Moss
2003 Gerald Meah
2002 Noel Moss
2001 Marcus Ennis
2000 Noel Moss
1999 Ian Girling
1998 No award
1997 Noel Moss
1996 Noel Moss
1995 Noel Moss
1994 Noel Moss
1993 Noel Moss
1992 Phil Bramford

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Best Performance track and field - Veteran Female

T&F Shield

2018	Sarah McGrath	British Masters W45 shot champion
2017	Mary Holmes	1500m W81
2016	Mary Holmes	3000m W79
2015	Margaret Phillips	3000m W60 European Indoor Champ
2014	Mary Holmes	800m W75
2013	Mary Holmes	800m W75
2012	Mary Holmes	800m W75 British Record

1992 - 2011 awarded for multi-discipline competition (run, jump, throw)

2011	Jane Packman
2010	Joan Lasenby
2009	Rachel Roberts
2008	Rachel Roberts
2007	Mary Holmes
2006	Mary Holmes
2005	Mary Holmes
2004	No award
2003	Mary Holmes
2002	Mary Holmes
2001	Mary Holmes
2000	Romana Martin
1999	Mary Holmes & Joan Lasenby
1998	Dawn Perry
1997	Carole Morris
1996	No award
1995	Mary Holmes
1994	Mary Holmes
1993	No award
1992	Mary Holmes

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