



Code of Conduct for parents/people with parental responsibility

As a responsible parent/person with parental responsibility you will

- Respect the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.
- Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, doctors, physiotherapists, sport scientists and representatives of the governing body in the best interests of the athlete.
- Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances.
- Never place undue pressure on children to perform, participate or compete.
- Check out the qualifications and licences of people who are coaching or managing your child or offering a service connected to athletics such as physiotherapy, massage or nutritional advice but show them the respect for the voluntary work they do.
- Take an active interest in your child's participation.
- Attend training or competitions whenever possible.
- Know exactly where your child will be and who they will be with at all times.
- Never make assumptions about your child's safety.
- Ensure that your child does not take any unnecessary valuable items to training or competition.
- Inform your child's coach or team manager of any illness or disability that needs to be taken into consideration for athletic performance.
- Provide any necessary medication that your child needs for the duration of trips.
- Assume responsibility for safe transportation to and from training and competition. This may involve the use of club transport and ensure that your child is accompanied by an adult who has agreed to take responsibility for their safety and welfare.
- Ensure the club has details of health and medication requirements for our child. Return any necessary written consent forms to the club/team manager or appropriate person, including next of kin details, health and medical requirements before your child goes to any away events or trips.
- Report any concerns you have about your child's or any other child's welfare to the Club Welfare Officer, National or UKA Welfare Officers. (This does not affect your right to contact your local social services or the police if you feel it is necessary).
- Arrive on time at any agreed pick-up point, to collect your child from training or competition. Collect the child in person from the clubhouse or sports centre – for safety, they will not be allowed into the car park alone – please don't just wait in your car. Lateness may mean that the coach or team manager must wait with them and they then may be late for a personal appointment.
- Agree to and adhere to C&C Social Media Policy.



As a responsible parent/person with parental responsibility for a young athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will:

- Avoid destructive behaviour and leave athletics venues as you find them.
- Never engage in any inappropriate or illegal behaviour
- Not carry or consume alcohol to excess and/or illegal substances.
- Not carry any items that can be dangerous to yourself or to others excluding athletics equipment used in the course of your child's athletics activity

This document is based on the English Athletics Code of Conduct for Parents