

# CAMBRIDGE & COLERIDGE AC

## TRACK & FIELD RECORDS

By Age group

WOMEN

November 2018

<u>Event</u>	<u>Age Group</u>	<u>Performance</u>	<u>Date</u>	<u>Record Holder</u>
100m	Snr.L	12.17s	2014	Jessica Fox
200m	Snr.L	25.0 s	1979	Kim Tuffnell
400m	Snr.L	56.59 s	2009	Lucy Dowsett
800m	Snr.L	2m 06.35s	2011	Lucy Dowsett
1500m	Snr.L	4m 21.38s	2011	Lucy Dowsett
3000m	Snr.L	9m 19.8s	2018	Holly Rees
5000m	Snr.L	16m 28.7s	2018	Katie Hedgethorne
10000m	Snr.L	35m 17.3s	2017	Georgina Schweining
1 Mile	Snr.L	5m 11.94s	2011	Gemma Coe
S.H.	Snr.L	14.47s	2017	Finlay Marriott
400H	Snr.L	59.7 s	1980	Kim Tuffnell
1500m S/C	Snr.L	5m 26.9s	2014	Dianna Chalmers
2000M S/C	Snr.L	8m 40.1s	2018	Claire Klennedy
H.J.	Snr.L	1.72 m	1981	Susan Taylor
L.J.	Snr.L	5.75m	2016	Hannah Waring
T.J.	Snr.L	11.64 m	1995	Stacy Mc.Givern
P.V.	Snr L	2.05m	2000	Hayley-Jane Cone
Shot	Snr.L	12.81m	1990	Sarah Mc.Grath
Discus	Snr.L	37.16m	2018	Bridget Fryer
Jav. - O.J.	Snr.L	44.30 m	1980	Carole Morris
Jav. - N.J.	Snr.L	39.47m	2017	Isabella Coutts
Hammer	Snr.L	44.48m	2014	Jenny Richards
4*100 Relay	Snr.L	49.61s	2016	M Snaith, F Marriot ,K Hilton-Taylor
4*400 Relay	Snr.L	3m 59.1s	?	?
100m	<b>U 20</b>	12.0s	2018	Maisey Snaith
200m	U20	24.8s	2018	Maisey Snaith
400m	U20	53.91s	2018	Maisey Snaith
800m	U20	2m. 07.26s	2009	Lucy Dowsett
1500m	U20	4m 27.66s =	2009	Lucy Dowsett
1500m	U20	4m 27.66s =	2014	Hollie Parker
3000m	U20	9m 23.1s	2018	Julia Paternain
1500m SC	U20	5m27.0s	2016	Emma Schaertlin-Coffey

2000m SC	U20	7m58.5s	2017	Emma Schaertlin-Coffey
S.H.	U20	14.21s	2017	Finlay Marriott
400H	U20	65.69s	2009	Laura Bass
H.J.	U20	1.70 m	1985	Natalie Overall
L.J.	U20	5.66 m	1999	Hayley-Jane Cone
T.J.	U20	12.55m	2018	Adelaide Omitowoju
P.V.	U20	2.30m	2001	Clare Robinson
Shot	U20	13.99m	2001	Charlotte Spelzini
Discus	U20	33.72m	1992	Kathleen Mc.Grath
Jav. O .J.	U20	45.00m	1992	Rebecca Ellis
Jav. N .J.	U20	39.14m	2016	Isabella Coutts
Hammer	U20	42.30m	2011	Haley Sayer
Pentathlon	U20	3051 pts	2014	Jessica Fox
4*100 Relay	U20	50.3s	1995	R Watson H Cone L Coe S McGivern
4*400 Relay	U20	4m 11.1s	?	?

100m	<b>G.U17</b>	11.9s	2017	Maisey Snaith
200m	G.U17	24.9 s	1995	Ruth Watson
300m	G.U17	39.5s	2017	Maisey Snaith
400m	G.U17	57.5s	2005	Lucy Dowsett
800m	G.U17	2m 08.97s	2006	Lucy Dowsett
1500m	G.U17	4m 34.75s	2006	Lucy Dowsett
3000m	G.U17	9m56.9s	2016	Julia Paternain
1 Mile	G.U17	5m 10.7s	2013	Hollie Parker
S.H.	G.U17	11.46s	2015	Finlay Marriott
<b>100M Hurdles</b>	G.U18	13.99s	2015	Finlay Marriott
300H	G U17	46.23s	2008	Laura Bass
400H	G.U17	68.76s	2015	Finlay Marriott
1500m S/C	G.U17	5m22.32s	2014	Dianna Chalmers
2000m S/C	G.U17	7m 24.95s	2014	Dianna Chalmers
H.J.	G.U17	1.64 m	1977	D.Filby, S.Taylor
L.J.	G.U17	5.39m	2011	Jessica Fox
T.J.	G.U17	12.30m	2017	Adelaide Omitowoju
P.V.	G.U17	1.90m	2014	Katie Reynolds
Shot 4Kg	G.U17	11.91 m	1989	Sarah McGrath
Shot 3Kg	G.U17	11.57m	2014	Katie Reynolds
Discus	G.U17	34.52m	2009	Lauren Sammout
Jav 600gm	G.U17	36.87m	2017	Emma Wallis
Jav 500gm	G.U17	37.63m	2017	Emma Wallis
<b>Hammer 4Kg</b>	G.U17	41.56m	2009	Haley Sayer
<b>Hammer 3Kg</b>	G.U17	40.75m	2018	Stephanie Browne
Pentathlon	G.U17	2650 pts	2011	Jessica Fox
Heptathlon	G.U17	3606 pts	2014	Katie Reynolds

4*100 Relay	G.U17	50.0s	1995	R Watson H Cone A Costello L Haylock
4*400 Relay	G.U17	4m 09.3	?	?
100m	<b>G.U15</b>	12.5s	2015	Maisey Snaith
200m	G.U15	25.14s	1994	Ruth Watson
300m	G.U15	41.84s	2015	Maisey Snaith
800m	G.U15	2m 11.29s	2004	Lucy Dowsett
1500m	G.U15	4m 34.98s	2011	Hollie Parker
3000m	G.U15	10m 28.51s	2011	Hollie Parker
1 Mile	G.U15	5m 11.84s	2012	Charlotte Murphy
S.H.	G.U15	11.53 s	1994	Laura Haylock
H.J.	G.U15	1.57 m	1976	Deborah Filby
L.J.	G.U15	5.51 m	1976	Deborah Filby
T.J.	G.U15	10.72m	2013	Jessica Kennard
P.V.	G.U15	1.70m	2011	Katie Reynolds
Shot	G.U15	11.29m	2007	Lauren Sammout
Discus	G.U15	30.30m	2007	Lauren Sammout
Jav N J	G.U15	33.10m	2015	Emma Wallis
Jav O J.	G.U15	35.00 m	1990	K.Bunday
Jav 500gm	G.U15	35.62m	2016	Emma Wallis
Hammer	G.U15	42.23m	2017	Stephanie Browne
Pentathlon	G.U15	2632 points	2012	Katie Reynolds
Hexathlon	G.U15	2535 points	2012	Katie Reynolds
4*100 Relay	G.U15	51.7s	1998	A Payne N O'Reilly L Haylock H Cone
100m	<b>G.U13</b>	13.0s	2009	Ella Houghton
200m	G.U13	28.5s	2013	Maisey Snaith
800m	G.U13	2m 25.4s	2011	Lucy Parker
1500m	G.U13	4m 58.05	2011	Lucy Parker
3000m	G.U13	11m 46.9s	1988	Eleanor Motherwell
1 Mile	G.U13	5m 47.35s	2012	Lauren Murphy
S.H. 75m	G.U13	12.4s	2006	Csepi Asztalos
S.H. 70m	G.U13	11.4s	2006	Csepi Asztalos
H.J.	G.U13	1.48m	2010	Katie Reynolds
L.J.	G.U13	4.54 m	1977	Hilary Proud
Shot -3.25kg	G.U13	8.44m	1989	Gillian Wallace
Shot -2.72kg	G.U13	8.85m	2002	Phillippa Markley
Disc-1kg	G.U13	22.18 m	1987	Kathleen Mc.Grath
Disc 0.75kg	G.U13	26.67m	2005	Lauren Sammout
Jav. -600gm	G.U13	22.52 m	1999	Victoria Royce
Jav. -400gm	G.U13	25.98m	2011	Valentina Coppolaro
Minithon	G.U13	76 points	2005	Lauren Sammout =
Minithon	G.U13	76 points	2011	Lucy Parker =

4*100 Relay	G.U13	55.2s	2011	F Marriott,Hendricks,A Purdie,H Parker
80m	G.U11	11.8s	2010	Adelaide Omitowoju
600m	G.U11	1m 56.07s	2009	Lucy Parker
L.J.	G.U11	3.99m	2017	Polina Frakina